



THE UROLOGY GROUP

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Geniculate Artery Embolization Pre-procedure Instructions

Thank you for having your **Geniculate Artery Embolization** at the Loudoun Medical Group Interventional Radiology Center! Our team is here to help you through the whole process from consultation to follow-up. Here an explanation of what to expect before your procedure. If you have any questions or concerns that are not addressed in the instructions, please call or email us at the address below.

Where is the procedure taking place?

The procedure will take place at the Loudoun Medical Group Interventional Radiology Center, a nationally accredited surgical facility.

1801 Robert Fulton Drive

Suite 510

Reston, VA 20191

Please arrive 60 minutes before your procedure appointment time to allow for all the pre procedure items to be completed.

What can I expect on the day of the procedure?

You will check in at our front desk and complete any insurance and medical history paperwork that is outstanding. Our nursing staff will place an intravenous (IV) catheter in your arm to allow for us to deliver **sedation medication** that will make you sleepy or sedated during the procedure. You will not be receiving general anesthesia or placed on a breathing machine. You will be taken to our procedure room next. There you

will be made comfortable, and your procedure will be performed by your physician. You will then be brought to the recovery area. You will be monitored until it is safe for you to go home.

How long will I be at the center?

Please expect to be at the office for approximately 4 hours from registration to recovery. This includes 1-2 hours in recovery.

Is the procedure painful?

The procedure itself should not be painful. There may be some mild discomfort, but overall, we do not expect you to have any significant pain during the procedure. Our nursing staff will ensure that you remain as comfortable as possible throughout your recovery. You will also be prescribed pain medication to take at home.

Do I need to stop blood thinning medication?

You may continue Aspirin or Plavix. For all other blood-thinning medication, please contact us 5 days before the procedure to make sure that the medication is stopped for the appropriate length of time. Most blood thinning medication (eg Xarelto, Pradaxa, Eliquis) will need to be stopped for at least 2 full days prior to the procedure and can be resumed right afterward.

Is it ok to eat before the procedure?

You may NOT eat or drink for 6 hours before the procedure. You may take your medications with a small sip of water (except blood thinning medication) on the day of the procedure.

Can I drive to/from the procedure?

You may NOT drive to/from the procedure. You should plan to have a family member or friend drive you to the procedure and pick you up after the procedure. We have a waiting area for your family member or friend. Family and friends are not permitted in the procedure room.

Will someone contact me before my appointment?

A clinical staff member will contact you before the procedure to review your medical history. Please make every effort to call back if we are unable to reach you so that we can answer any questions and make sure that your experience is exceptional. If you have any questions, please call the office at (703) 783-5355 or email us at LMGIR@LMGdoctors.com.

Will I receive prescriptions to take after the procedure?

Please see Geniculate Artery Embolization Postprocedure Instructions regarding post-procedure care, activity, medications and discharge instructions upon discharge. Depending on your allergies and medication tolerance, most patients will receive the following medications:

- Toradol 10 mg orally every 6 hours for 3 days for severe knee pain
- Celebrex 200 mg orally twice daily for 14 days for mild to moderate post procedure pain (**after Toradol is completed**)
- Cefadroxil 500 mg orally twice daily for 5 days post procedure (antibiotic to prevent infection)