



# THE UROLOGY GROUP

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## Geniculate Artery Embolization Postprocedure Instructions

Thank you for having your **Geniculate Artery Embolization** at the Loudoun Medical Group Interventional Radiology Center! Our team is here to help you through the whole process from consultation to follow-up. Below, you will find an explanation of what to expect after the procedure. If you have any questions or concerns that are not addressed in the instructions, please call or email us at the address above.

### Symptoms you may notice

- You may experience itching, redness or skin discoloration over the treated area.
- It is normal to have a low-grade fever less than 101.5F (38.6C) for 4-7 days. Please call if you develop a fever over 101.5F (38.6C)
- You may have some tenderness and/or bruising around the puncture site initially. Bruising can take 2-3 weeks to go away completely. If feel a lump that is growing or pulsatile or numbness or discoloration of your fingers, please call us immediately.
- If you notice black tarry stools, please stop NSAIDS (Toradol, Celebrex, ibuprofen) and contact our office immediately.

### Diet

- Drink plenty of fluids over the next 24-48 hours, unless instructed that your condition requires specific fluid restriction. This helps to flush the x-ray contrast out of your kidneys.
- Resume your normal diet
- Avoid alcoholic beverages for 24 hours after the procedure.

### **Activity (for groin access)**

- For procedures where we entered your artery from the top of your leg (groin), avoid strenuous activity for 24 hours after your procedure. Avoid climbing long flights of stairs for 24 hours. Avoid heavy lifting more than 15-20 lbs (7-9 kg) and exercise for 7 days or until the puncture site heals.
- Do not drive a car for 24 hours after the procedure
- Avoid sitting in a bathtub or pool of water for 5 days following your procedure.

### **Incision care**

Remove the bandage on your site the next day, and then change a band-aid daily, for the next three days. Prior to applying a new band-aid, gently clean the site with soap and water, then dry the area thoroughly. Keep the site clean and dry to prevent infection. Do not apply powders or lotions to the puncture site for five days. Call us if redness, increasing tenderness/pain, or swelling/enlarging hard lump occurs at the puncture site.

### **Medications**

Depending on your allergies and medication tolerance, most patients will receive the following medications:

- Toradol 10 mg orally every 6 hours for 3 days for severe knee pain
- Celebrex 200 mg orally twice daily for 14 days for mild to moderate post procedure pain (**after Toradol is completed**)
- Cefadroxil 500 mg orally twice daily for 5 days post procedure (antibiotic to prevent infection)

If you have any questions or concerns, please call the office at (703) 782-5355. In an emergency after 5:00 pm or over the weekend please come to the emergency department or call 911.