

# THE UROLOGY GROUP

www.urologygroupvirginia.com

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Stone Springs Blvd • Ste 100 • Dulles • VA 20166 • 571-349-4600 (**pre-op dept**)

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## GREENLIGHT LASER PVP PREOPERATIVE INSTRUCTIONS

NAME: \_\_\_\_\_

DATE OF PROCEDURE: \_\_\_\_\_ TIME: \_\_\_\_\_

REPORT TO OUTPATIENT SERVICES AT: \_\_\_\_\_

SURGEON: \_\_\_\_\_

**The time of your procedure may be subject to change depending on the facility. If your scheduled time changes, the facility will contact you and let you know what your new time is and when to arrive. \*PLEASE PLAN TO BE AVAILABLE FOR SURGERY AT ANY TIME THAT DAY\***

1. If you were instructed to obtain blood work, EKG, chest x-ray or medical or cardiac clearance, please contact your primary care provider to make arrangements.
2. **DO NOT** take aspirin or aspirin-like compounds for seven (7) days prior to surgery. This includes Advil, Nuprin, Motrin, Bufferin, or Anacin. **DO NOT** take Vitamin E, multivitamin or fish oil for seven (7) days prior to surgery. These are all blood thinners. **YOU MAY TAKE TYLENOL.**
3. If you are on any blood thinner such as Coumadin/warfarin or if you are diabetic, notify the surgery scheduler.
4. You may receive a prescription or sample for a course of antibiotics. Begin taking the antibiotic the day of your procedure with a little sip of water. Continue the antibiotics as directed for 2 more days following the procedure.
5. **DO NOT** eat or drink anything (including water) after 12:00 midnight prior to surgery.
6. A responsible adult will need to provide transportation after your procedure. It is highly recommended that they stay with you after discharge for the rest of the day.
7. Our office will obtain any necessary preauthorization from your insurance company. If you have questions regarding coverage/payment, please request the CPT procedure code from our office and call your insurance company.

Please call our office at the below number with any questions.

**Inova Loudoun Hospital**  
44045 Riverside Parkway  
Leesburg, VA 20176  
Pre-op Dept: (703) 858-6768

**Reston Hospital Center**  
1850 Town Center Parkway  
Reston, VA 20190  
Pre-op Dept: (703) 689-9005  
[www.restonhospital.com](http://www.restonhospital.com)

**StoneSprings Hospital Center**  
24440 Stone Springs Blvd  
Dulles, VA 20166  
Pre-op Dept: (571) 349-4600