

THE UROLOGY GROUP

www.urologygroupvirginia.com

1860 Town Center Drive · Suite 150/160 · Reston, VA 20190 · 703-480-0220
19415 Deerfield Avenue · Suite 112 · Leesburg, VA 20176 · 703-724-1195
224-D Cornwall Street, NW · Suite 400 · Leesburg, VA 20176 · 703-443-6733
24430 Stone Springs Blvd · Ste 100 · Dulles · VA 20166

PELVIC FLOOR THERAPY FOR MEN

JENNIFER CHUMS PT

Specializes in men and women's pelvic health

www.ITRehab.com

2nd Story of Grey Medical

4910 Mooreland Lane

Bethesda, MD 20184

Phone: (301) 770-7060

Email: info@itrehab.com

CENTREVILLE PHYSICAL THERAPY

Specializes in pelvic pain in men and women Call regarding insurance.

(Accepting BCBS only)

www.cptva.com

14631 Lee Hwy, Suite 310

Centerville, VA 20121

Phone: (703) 222-5903

Email: info@cptva.com

INOVA ALEXANDRIA HOSPITAL

4320 Seminary Road

Alexandria, VA 22304

Phone: (703) 504-3541

Email: srilekha.palle@inova.org

BODY CONNECT PHYSICAL THERAPY

Ann Udofia DPT,

Marisa Alonso MS PT

Physical therapy including

Myofascial Release

www.bodyconnectpt.com

2440 M Street NW, Suite 318

(between N 24th St & N 25th St)

Washington, DC 20037

Phone: (202) 733-1929

Email: ann@bodyconnectpt.com

TAYO TOTAL HEALTH

Health and wellness services, including Myofascial Release

Tavototalhealth.com

4701 Willard Ave #1603

Chevy Chase, MD Phone:

(301) 652-2522

Email: info@tavohealth.com

*** JULIE SPENCER DNP, FNP-BC, CUNP**

Specializes in pelvic floor therapy for incontinence in males and females, pelvic pain in women only

www.virginiapelvicare.com

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19415 Deerfield Avenue, Suite 112

Leesburg, VA 20176

Phone: (703) 724-1195

Insurance

- * Indicates "In network providers" and will accept most insurance.
- All other providers are "Out of network providers" and insurance claims must be submitted by the patient.
- If you are a Medicare patient, please check with the therapist's for coverage information.

What to bring the day of your appointment?

- Some providers require referrals. If one is needed and you have not already received one, please let us know and a referral can be faxed or mailed to the appropriate place.
- Bring the copy of your last Urology office visit and "Fluid Diary". This information will be helpful to plan your therapy.