PELVIC FLOOR THERAPY FOR MEN

JENNIFER CHU MS PT
Specializes in men and women's pelvic health
www.ITRehab.com
2nd Story of Grey Medical
4910 Mooreland Lane
Bethesda, MD 20184
Phone: (301) 770-7060
Email: info@itrrehab.com

CENTREVILLE PHYSICAL THERAPY
Specializes in pelvic pain in men and women. Call regarding insurance.
(Accepting BCBS only)
www.cptva.com
14631 Lee Hwy, Suite 310
Centerville, VA 20121
Phone: (703) 222-5903
Email: info@cptva.com

INNOVA ALEXANDRIA HOSPITAL
4320 Seminary Road
Alexandria, VA 22304
Phone: (703) 504-3541
Email: srilekha.palle@inova.org

BODY CONNECT PHYSICAL THERAPY
Ann Udofia DPT,
Marisa Alonso MS PT
Physical therapy including Myofascial Release
www.bodyconnectpt.com
2440 M Street NW, Suite 318
(between N 24th St & N 25th St)
Washington, DC 20037
Phone: (202) 733-1929
Email: ann@bodyconnectpt.com

TAYO TOTAL HEALTH
Health and wellness services, including Myofascial Release
Tavotototalhealth.com
4701 Willard Ave #1603
Chevy Chase, MD Phone:
(301) 652-2522
Email: info@tavohealth.com

*JULIE SPENCER DNP, FNP-BC, CUNP
Specializes in pelvic floor therapy for incontinence in males and females, pelvic pain in women only
www.virginiapelvicare.com
The Urology Group
19415 Deerfield Avenue, Suite 112
Leesburg, VA 20176
Phone: (703) 724-1195
Insurance

• *Indicates "In network providers" and will accept most insurance.
• All other providers are "Out of network providers" and insurance claims must be submitted by the patient.
• If you are a Medicare patient, please check with the therapist's for coverage information.

What to bring the day of your appointment?

• Some providers require referrals. If one is needed and you have not already received one, please let us know and a referral can be faxed or mailed to the appropriate place.
• Bring the copy of your last Urology office visit and "Fluid Diary". This information will be helpful to plan your therapy.